



**Parks
Make
Life
Better!**

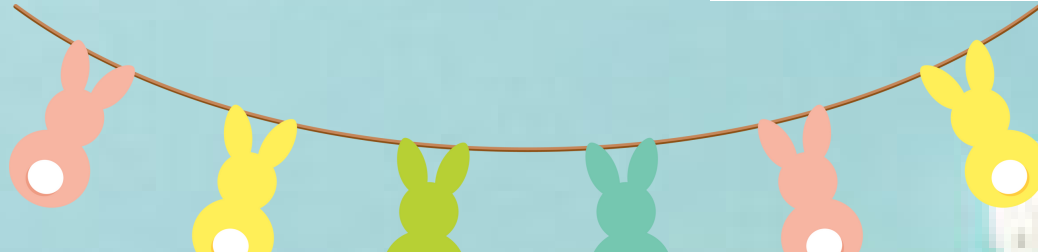
APRIL 2025

Pan-American Community Center

703 Sherwood Way - Madera, CA

Monday-Friday 9 am - 2pm

(559) 675-2095

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	DAY TRIPS ARE SUBJECT TO CHANGE (MUST RSVP))	1 9 -10 Coffee/News 10:00 -10:30 Chair Yoga 11:00-12:00 Movie 12:00-1:30 Weight Training	2 9 -10 Coffee/News 11:15-11:45 Nail Salon 11:30-1:00 Pickleball 12:30-1:30 Knit 'N' Knots	3 9 -10 Coffee/News 10:00-10:30 Weight Training 11:15-12:15 Bingo	4 9 -10 Coffee/News 9:15-10:15 Walking Class 10:15-11:15 Tai-Chi 10:30-1:30 Karaoke	5	 <u>Activity Schedule</u> Day Trip Pismo Beach April 10th, 2025 Time: 7am-7pm Bailoterapia M, W, & F 9 -10 am Walking Class M & F 9:15-10:15 am Chair Yoga M & W
6	7 9-10 Coffee/News 9:15-10:15 Walking Class 10:00 -10:30 Chair Yoga 11-11:45 Tech Class 11:30-1 Pickleball	8 9 -10 Coffee/News 10:00 -10:30 Chair Yoga 11:00-12:00 Movie 12:00-1:30 Weight Training	9 9 -10 Coffee/News 11:15-11:45 Nail Salon 11:30-1:00 Pickleball 12:30-1:30 Knit 'N' Knots	10 9 -10 Coffee/News 10:00 -10:30 Weight Training 11:15-12:15 Bingo Day Trip - Pismo Beach 7am - 7pm	11 Friday Night Dinner Dance 5-8 pm	12	
13	14 9-10 Coffee/News 9:15-10:15 Walking Class 10:00 -10:30 Chair Yoga 11-11:45 Tech Class 11:30-1 Pickleball	15 9 -10 Coffee/News 10:00 -10:30 Chair Yoga 11:00-12:00 Movie 12:00-1:30 Weight Training	16 9 -10 Coffee/News 11:15-11:45 Nail Salon 11:30-1:00 Pickleball 12:30-1:30 Knit 'N' Knots	17 9 -10 Coffee/News 10:00 -10:30 Weight Training 11:15-12:15 Bingo	18 9 -10 Coffee/News 9:15-10:15 Walking Class 10:15-11:15 Tai-Chi 10:30-1:30 Karaoke	19	
20 	21 9-10 Coffee/News 9:15-10:15 Walking Class 10:00 -10:30 Chair Yoga 11-11:45 Tech Class 11:30-1 Pickleball	22 9 - 10 Coffee/News 10:00 - 10:30 Chair Yoga 11:00-12:00 Movie 12:00-1:30 Weight Training	23 9 -10 Coffee/News 11:15-11:45 Nail Salon 11:30-1 Pickleball 12:30-1:30 Knit 'N' Knots	24 9 -10 Coffee/News 10:00 -10:30 Weight Training 9 AM-1:30 PM Day Trip - Shinzen Friendship Garden 11:15-12:15 Bingo	25 9 -10 Coffee/News 9:15-10:15 Walking Class 10:15-11:15 Tai-Chi 10:30-1:30 Karaoke	26	
27	28 9-10 Coffee/News 9:15-10:15 Walking Class 10:00 -10:30 Chair Yoga 11-11:45 Tech Class 11:30-1 Pickleball	29 9 -10 Coffee/News 10:00 -10:30 Chair Yoga 11:00-12:00 Movie 12:00-1:30 Weight Training	30 9 -10 Coffee/News 11:15-11:45 Nail Salon 11:30-1:00 Pickleball 12:30-1:30 Knit 'N' Knots				

Activity Schedule

Day Trip Pismo Beach

April 10th, 2025

Time: 7am-7pm

Bailoterapia
M, W, & F
9 -10 am

Walking Class
M & F
9:15-10:15 am

Chair Yoga
M & W
10- 10:30 am

Pickleball
M & W
11 am-1 pm



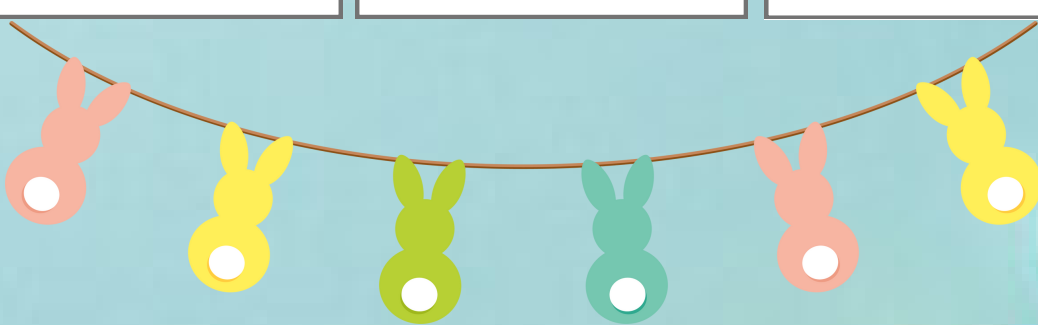


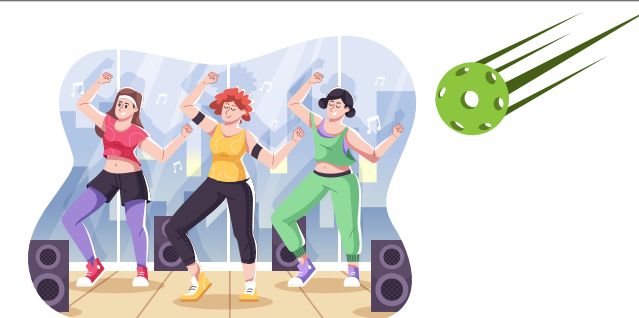
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APRIL 2025

Frank A. Bergon Center

238 S. D Street - Madera, CA
Tues., Weds., & Thurs., - 1:30 pm
(559) 673-4293

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	DAY TRIPS ARE SUBJECT TO CHANGE (MUST RSVP))	1 9-10 Coffee/News 10:00-10:30 Chair Yoga 11:00-1:00 Karaoke 12:00-12:30 Walking Class	2 9 -10 Coffee/News 10:30-11:00 Weight Training 11:30 -12:00 Nail Salon 11:00 -11:45 Tech Class 12:00 -12:45 Arts & Crafts	3 9-10 Coffee/News 10:00-1:00 Billard's, Cards and Board Games 10:30 - 11:00 Weight Training 12:00-1:00 Bingo	4	5
6	7	8 9-10 Coffee/News 10:00-10:30 Chair Yoga 11:00-1:00 Karaoke 12:00-12:30 Walking Class	9 9 -10 Coffee/News 10:30-11:00 Weight Training 11:30 -12:00 Nail Salon 11:00 -11:45 Tech Class 12:00 -12:45 Arts & Crafts	10 9-10 Coffee/News 10:00-1:00 Billard's, Cards and Board Games 10:30 - 11:00 Weight Training 12:00-1:00 Bingo Day Trip - Pismo Beach 7am - 7pm	11 Friday Night Dinner Dance 5-8 pm	12
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Activity Schedule

Day Trip Pismo Beach

April 10th, 2025
Time: 7am-7pm

Walking Class
Tuesdays
12-12:30 PM

Chair Yoga
Tuesdays
10-10:30 AM

Weight Training
W & TH
10:30-11 AM

