

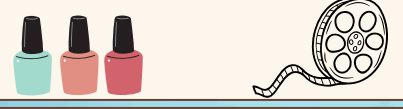







DAY TRIPS ARE SUBJECT
TO CHANGE
(MUST R.S.V.P)

January 2025


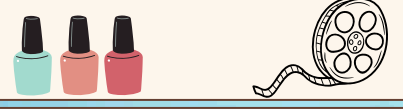




Pan-Am
M-F
9AM-2 PM
559-673-4293

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1  CLOSED	2 9:00-10:00- COFFEE/NEWS 9:30-10:30- WEIGHT TRAINING 10:15-11:15- TECH CLASS 12:15-1:00- BINGO	3 9:00-10:00 -COFFEE/ NEW 10:30 - 1:00 KAROAKE 11:00-11:30 WALKING CLASS	4
5 	6 9:00-10:00 -COFFEE/ NEW 10:00 - 10:30 CHAIR YOGA 11:00-11:45 TECH CLASS 12:00-1:00 MOVIE	7 9:00-10:00 -COFFEE/ NEW 10:00 - 10:30 CHAIR YOGA 11:00-1:00 MOVIE DAY 12:00-1:00 ARTS & CRAFTS	8 9:00-10:00 -COFFEE/ NEWS 10:00-10:30 PASSPORT TRAVEL 11:00-11:45- NAIL SALON 12:00-1:00 LOTERIA 	9  9:00-10:00- COFFEE/NEWS 9:30-10:30- WEIGHT TRAINING 10:30-1:00 pm Thrift Stores 10:15-11:15- TECH CLASS 12:15-1:00- BINGO	10 9:00-10:00 -COFFEE/ NEW 10:30 - 1:00 KAROAKE 11:00-11:30 WALKING CLASS	11
12	13 9:00-10:00 -COFFEE/ NEW 10:00 - 10:30 CHAIR YOGA 11:00-11:45 TECH CLASS 12:00-1:00 MOVIE	14 9:00-10:00 -COFFEE/ NEW 10:00 - 10:30 CHAIR YOGA 11:00-1:00 MOVIE DAY 12:00-1:00 ARTS & CRAFTS	15  CLOSED	16 9:00-10:00- COFFEE/NEWS 9:30-10:30- WEIGHT TRAINING 10:15-11:15- TECH CLASS 12:15-1:00- BINGO	17 9:00-10:00 -COFFEE/ NEW 10:30 - 1:00 KAROAKE 11:00-11:30 WALKING CLASS	18
19	20 9:00-10:00 -COFFEE/ NEW 10:00 - 10:30 CHAIR YOGA 11:00-11:45 TECH CLASS 12:00-1:00 MOVIE	21 9:00-10:00 -COFFEE/ NEW 10:00 - 10:30 CHAIR YOGA 11:00-1:00 MOVIE DAY 12:00-1:00 ARTS & CRAFTS	22 9:00-10:00 -COFFEE/ NEWS 10:00-10:30 PASSPORT TRAVEL 11:00-11:45- NAIL SALON 12:00-1:00 LOTERIA	23  9:00-10:00- COFFEE/NEWS 9:30-10:30- WEIGHT TRAINING 10:30-1:30 Herdon Shopping Center 10:15-11:15- TECH CLASS 12:15-1:00- BINGO	24 9:00-10:00 -COFFEE/ NEW 10:30 - 1:00 KAROAKE 11:00-11:30 WALKING CLASS	25
26 	27 9:00-10:00 -COFFEE/ NEW 10:00 - 10:30 CHAIR YOGA 11:00-11:45 TECH CLASS 12:00-1:00 MOVIE	28 9:00-10:00 -COFFEE/ NEW 10:00 - 10:30 CHAIR YOGA 11:00-1:00 MOVIE DAY 12:00-1:00 ARTS & CRAFTS	29 9:00-10:00 -COFFEE/ NEWS 10:00-10:30 PASSPORT TRAVEL 11:00-11:45- NAIL SALON 12:00-1:00 LOTERIA	30 9:00-10:00- COFFEE/NEWS 9:30-10:30- WEIGHT TRAINING 10:15-11:15- TECH CLASS 12:15-1:00- BINGO	31 9:00-10:00 -COFFEE/ NEW 10:30 - 1:00 KAROAKE 11:00-11:30 WALKING CLASS	

DAY TRIPS ARE SUBJECT
TO CHANGE
(MUST R.S.V.P)

January 2025

Frank Bergon
T/W/TH
9AM-1:30PM
559-673-4293

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1  CLOSED	2 9:00-10:00- COFFEE/NEWS 9:30-10:30- WEIGHT TRAINING 10:15-11:15- TECH CLASS 12:15-1:00- BINGO	3	4
5 	6	7 9:00-10:00 -COFFEE/ NEW 10:00 - 10:30 CHAIR YOGA 10:30-1:00-KARAOKE 12:00-1:00 ARTS & CRAFTS	8 9:00-10:00 -COFFEE/ NEWS 10:00-10:30 PASSPORT TRAVEL 11:00-11:45- NAIL SALON 11:30-1:00- MOVIE DAY 	9  9:00-10:00- COFFEE/NEWS 9:30-10:30- WEIGHT TRAINING 10:30-1:00 pm Thrift Stores 10:15-11:15- TECH CLASS 12:15-1:00- BINGO	10 FRIDAY NIGHT DANCE 5:30-8:30PM 	11
12	13	14 9:00-10:00 -COFFEE/ NEW 10:00 - 10:30 CHAIR YOGA 10:30-1:00-KARAOKE 12:00-1:00 ARTS & CRAFTS	15  CLOSED	16 9:00-10:00- COFFEE/NEWS 9:30-10:30- WEIGHT TRAINING 10:15-11:15- TECH CLASS 12:15-1:00- BINGO	17	18
19	20	21 9:00-10:00 -COFFEE/ NEW 10:00 - 10:30 CHAIR YOGA 10:30-1:00-KARAOKE 12:00-1:00 ARTS & CRAFTS	22 9:00-10:00 -COFFEE/ NEWS 10:00-10:30 PASSPORT TRAVEL 11:00-11:45- NAIL SALON 11:30-1:00- MOVIE DAY	23  9:00-10:00- COFFEE/NEWS 9:30-10:30- WEIGHT TRAINING 10:30-1:30 Herdon Shopping Center 10:15-11:15- TECH CLASS 12:15-1:00- BINGO	24	25
26 	27	28 9:00-10:00 -COFFEE/ NEW 10:00 - 10:30 CHAIR YOGA 10:30-1:00-KARAOKE 12:00-1:00 ARTS & CRAFTS	29 9:00-10:00 -COFFEE/ NEWS 10:00-10:30 PASSPORT TRAVEL 11:00-11:45- NAIL SALON 11:30-1:00- MOVIE DAY	30 9:00-10:00- COFFEE/NEWS 9:30-10:30- WEIGHT TRAINING 10:15-11:15- TECH CLASS 12:15-1:00- BINGO	31	