

DAY TRIPS ARE
SUBJECT TO CHANGE
(MUST R.S.V.P)

OCTOBER 2024

SUN	MON	TUES	WED	THU	FRI	SAT
EXERCISE CLASSES PAN-AM M/W/F BAILOTERAPIA 9:00-10:00		1 9:00-10:00- COFFEE/ NEWS 10:00-10:30 -DRUMMING TO THE BEAT 10:30-11:00- BUNCO 11:00-1:00 -MOVIE DAY (PAC)	2 9:00-10:00-COFFEE/ NEWS 10:00-1:00- HERNDON SHOPPING 11:00-11:45-NAIL SALON (PAC) 11:30-1:00 -PICKLEBALL (FAB) 12:30-1:30 -KNIT 'N' KNOTS	3 9:00-10:00-COFFEE/NEWS 9:30-10:30-WEIGHT TRAINING 10:15-11:15 -TAI-CHI 12:15-1:00 -LOTERIA	4 9:00-10:00 -COFFEE/ NEWS 9:15-10:15 -WALKING CLASS 10:30-1:30 -KARAOKE	5 PAN-AM MONDAY-FRIDAY 9:00AM-2:00PM (559)675-2095
6	7  FRESNO FAIR	8 9:00-10:00- COFFEE/ NEWS 10:00-10:30- DRUMMING TO THE BEAT 10:30-11:00-COLOR BY NUMBER 11:00-1:00 -MOVIE DAY (PAC)	9 9:00-10:00-COFFEE/ NEWS 10:00- BRAIN TEASERS 11:00-11:45 -NAIL SALON (PAC) 11:30-1:00 -PICKLEBALL 12:30-1:30 -KNIT 'N' KNOTS	10 9:00-10:00-COFFEE/NEWS 9:30-10:30-WEIGHT TRAINING 10:15-11:15 -TAI-CHI 12:15-1:00 -LOTERIA	11 9:00-10:00 -COFFEE/ NEWS 9:15-10:15- WALKING CLASS 10:30-1:30- KARAOKE	12 NUTRITION CLASSES OCTOBER 7TH & 14TH (PAC)
13	14 9:00-10:00-COFFEE/ NEWS 9:15-10:15 -WALKING CLASS 10:00-10:30- CHAIR YOGA 11:00-11:45 -TECH CLASS 11:30-1:00 -PICKLEBALL 12:00-1:00 -ARTS & CRAFTS	15 9:00-10:00 -COFFEE/ NEWS 10:00-10:30 -DRUMMING TO THE BEAT 10:30-11:00-BRAIN TEASER 11:00-1:00 -MOVIE DAY (PAC)	16 9:00-10:00-COFFEE/ NEWS 10:00-1:00- JAPANESE GARDEN 11:00-11:45-NAIL SALON (PAC) 11:30-1:00- PICKLEBALL 12:30-1:30 -KNIT 'N' KNOTS	17 9:00-10:00-COFFEE/NEWS 9:30-10:30-WEIGHT TRAINING 10:15-11:15 -TAI-CHI 12:15-1:00 -LOTERIA	18 9:00-10:00- COFFEE/ NEWS 9:15-10:15- WALKING CLASS 10:30-1:30-KARAOKE	19 NUTRITION CLASSES OCTOBER 1ST, 8TH, & 15TH (FAB)
20 	21 9:00-10:00- COFFEE/ NEWS 9:15-10:15 WALKING CLASS 10:00-10:30 -CHAIR YOGA 11:00-11:45- TECH CLASS 11:30-1:00 -PICKLEBALL 12:00-1:00 -ARTS & CRAFTS	22 9:00-10:00 -COFFEE/ NEWS 10:00-10:30- DRUMMING TO THE BEAT 10:30-11:00- DOMINIES 11:00-1:00 -MOVIE DAY (PAC)	23 9:00-10:00 -COFFEE/ NEWS 10:00- BRAIN TEASERS 11:00-11:45 -NAIL SALON (PAC) 11:30-1:00 -PICKLEBALL 12:30-1:30 -KNIT 'N' KNOTS	24 9:00-10:00-COFFEE/NEWS 9:30-10:30-WEIGHT TRAINING 10:15-11:15 -TAI-CHI 12:15-1:00 -LOTERIA	25 9:00-10:00 -COFFEE/ NEWS 9:15-10:15 -WALKING CLASS 10:30-1:30- KARAOKE	26 
27 	28  HALLOWEEN POTLUCK!!!	29 9:00-10:00 -COFFEE/ NEWS 10:00-10:30- DRUMMING TO THE BEAT 10:30-11:00-BOARD GAMES 11:00-1:00 -MOVIE DAY (PAC)	30 9:00-10:00 -COFFEE/ NEWS 10:00-1:00 -MAYA THEATRE 11:00-11:45 -NAIL SALON (PAC) 11:30-1:00 -PICKLEBALL 12:30-1:30 -KNIT 'N' KNOTS	31 9:00-10:00-COFFEE/NEWS 9:30-10:30-WEIGHT TRAINING 10:15-11:15 -TAI-CHI 12:15-1:00 -LOTERIA		