




# November

	MON	TUES	WED	THU	FRI	
FRANK BERGON T/W/TH 9:00AM-1:30PM (559)673-4293					1	DAY TRIPS ARE SUBJECT TO CHANGE (MUST R.S.V.P)
3	4	5 9:00-10:00 -COFFEE/NEWS 9:30-10:30 -WALKING CLASS  10:30-1:00 -KARAOKE	6 9:00-10:00- COFFEE/NEWS 10:00 -11:00- BRAIN TEASERS 11:00-11:45- NAIL SALON 11:30-1:00- MOVIE DAY	7 9:00-10:00- COFFEE/NEWS 9:30-10:30- WEIGHT TRAINING 10:15-11:15- TECH CLASS 12:15-1:00- BINGO	8 	9
10	11	12 9:00-10:00 -COFFEE/NEWS 9:30-10:30 -WALKING CLASS  10:30-1:00 -KARAOKE	13 9:00-10:00- COFFEE/NEWS 10:00 -11:00- CARD GAMES 11:00-11:45- NAIL SALON 11:30-1:00- MOVIE DAY	14 9:00-10:00- COFFEE/NEWS 9:30-10:30- WEIGHT TRAINING 10:15-11:15- TECH CLASS 12:15-1:00- BINGO	15 FRIDAY NIGHT DANCE!! 5:30-8:30 p.m 	16
17 	18	19 9:00-10:00 -COFFEE/NEWS 9:30-10:30 -WALKING CLASS  10:30-1:00 -KARAOKE	20 9:00-10:00- COFFEE/NEWS 10:00 -11:00- CARD GAMES 11:00-11:45- NAIL SALON 11:30-1:00- MOVIE DAY	21 9:00-10:00- COFFEE/NEWS 9:30-10:30- WEIGHT TRAINING 10:15-11:15- TECH CLASS 12:15-1:00- BINGO	22	23 
24 		26 9:00-10:00 -COFFEE/NEWS 9:30-10:30 -WALKING CLASS  10:30-1:00 -KARAOKE	27 9:00-10:00- COFFEE/NEWS 10:00 -11:00- CARD GAMES 11:00-11:45- NAIL SALON 11:30-1:00- MOVIE DAY	28 	29	30



# NOVEMBER 2024



SUN	MON	TUES	WED	THU	FRI	SAT
DAY TRIPS ARE SUBJECT TO CHANGE (MUST R.S.V.P)	EXERCISE CLASSES PAN-AM M/W/F BAILOTERAPIA 9:00-10:00	PAN-AM MONDAY-FRIDAY 9:00AM-2:00PM (559)675-2095			1 9:00-10:00- coffee/ news 9:15-10:15- walking class 10:30-1:30-Karaoke	2 
3	4 9:00-10:00-Coffee/ News 9:15-10:15 -WALKING CLASS 10:00-10:30- Chair Yoga 11:00-11:45 -Tech Class 11:30-1:00 -PICKLEBALL 12:00-1:00 -arts & crafts	5 9:00-10:00- Coffee/ News 10:00-10:30- Drumming to the beat 10:30-11:00- Color by Numbers 11:00-1:00- Movie Day	6 9:00-10:00-Coffee/ News 10:00- Brain Teasers 11:00-11:45 -Nail Salon (PAC) 11:30-1:00 -Pickleball 12:30-1:30 -KNIT 'N' KNOTS	7 9:00-10:00-Coffee/News 9:30-10:30-weight training 10:15-11:15 -TAI-CHI 12:15-1:00 -LOTERIA	8 9:00-10:00- coffee/ news 9:15-10:15- walking class 10:30-1:30-Karaoke Friday Night Dance- 5:30-8:30 	9
10	11 9:00-10:00-Coffee/ News 9:15-10:15 -WALKING CLASS 10:00-10:30- Chair Yoga 11:00-11:45 -Tech Class 11:30-1:00 -PICKLEBALL 12:00-1:00 -arts & crafts	12 9:00-10:00 -Coffee/ News 10:00-10:30 -Drumming to the beat 10:30-11:00-Brain Teasers 11:00-1:00 -Movie Day (pac)	13 9:00-10:00-Coffee/ News 11:00-11:45-Nail Salon (PAC) 11:30-1:00- Pickleball 12:30-1:30 -KNIT 'N' KNOTS	14 9:00-10:00-Coffee/News 10:30-weight training 10:15-11:15 -TAI-CHI 12:15-1:00 -LOTERIA	15 9:00-10:00- coffee/ news 9:15-10:15- walking class 10:30-1:30-Karaoke	16
17	18 9:00-10:00- Coffee/ News 9:15-10:15 WALKING CLASS 10:00-10:30 -Chair Yoga 11:00-11:45- Tech Class 11:30-1:00 -PICKLEBALL 12:00-1:00 -arts & crafts	19 9:00-10:00 -Coffee/ News 10:00-10:30- Drumming to the beat 10:30-11:00- Dominoes 11:00-1:00 -Movie Day	20 9:00-10:00 -Coffee/ News 10:00- Brain Teasers 11:00-11:45 -Nail Salon (PAC) 11:30-1:00 -Pickleball 12:30-1:30 -KNIT 'N' KNOTS	21 9:00-10:00-Coffee/News 10:30-weight training 10:15-11:15 -TAI-CHI 12:15-1:00 -LOTERIA	22 9:00-10:00 -coffee/ news 9:15-10:15 -walking class 10:30-1:30- Karaoke	23
24	25 9:00-10:00-Coffee/ News 9:15-10:15 -WALKING CLASS 10:00-10:30- Chair Yoga 11:00-11:45 -Tech Class 11:30-1:00 -PICKLEBALL 12:00-1:00 -arts & crafts	26 9:00-10:00 -Coffee/ News 10:00-10:30- Drumming to the beat 10:30-11:00-Board Games 11:00-1:00 -Movie Day (pac)	27 9:00-10:00 -Coffee/ News 11:00-11:45 -Nail Salon (PAC) 11:30-1:00 -Pickleball 12:30-1:30 -KNIT 'N' KNOTS	28 	29	30 